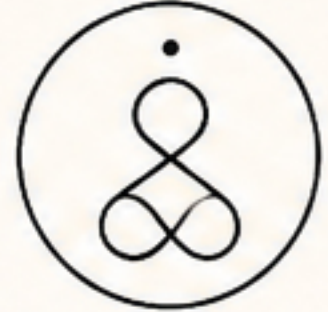
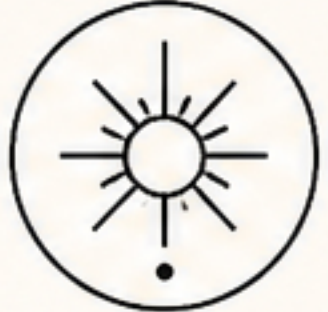


SIGIL SPREADSHEET

CHOOSE A SIGIL THAT MATCHES YOUR INTENTION

SIGIL								
INTENTION	PROTECTION	GROUNDING	CLARITY	CALM	CONFIDENCE	ABUNDANCE	HEALING	ENERGY
FOCUS	Shields your energy and creates a sense of safety.	Helps you stay rooted, present and centered.	Brings focus, clear thinking and mental clarity.	Promotes peace, ease and emotional balance.	Boosts self-belief and inner strength.	Attracts opportunities, wealth and flow.	Supports physical, emotional and energetic healing.	Ignites motivation, vitality and drive.
KEYWORDS	Protection Shielding Safety Boundaries	Grounding Stability Rooted Center	Clarity Focus Insight Direction	Calm Peace Balance Tranquility	Confidence Courage Empowerment Self-Belief	Abundance Prosperity Flow Opportunity	Healing Restoration Release Renewal	Energy Motivation Vitality Action
BEST USED WHEN YOU NEED...	You're feeling exposed, overwhelmed or around hectic energy.	You feel scattered, uncertain or disconnected.	You need answers, focus or a clear next step.	You feel stressed, anxious or overwhelmed.	You need a boost before something important.	You're calling in more opportunities and support.	You're recovering, releasing or needing support.	You need motivation, energy or a fresh push forward.
SUGGESTED OILS	Frankincense Black Spruce Vetiver	Cedarwood Vetiver Patchouli	Lemon Peppermint Rosemary	Lavender Chamomile Ylang Ylang	Bergamot Wild Orange Black Pepper	Cinnamon Basil Orange	Lavender Tea Tree Frankincense	Peppermint Eucalyptus Grapefruit

